

## Proverbs – Reigning in LiFE

1

Say to wisdom: “I love you.” And to understanding:  
“You’re my sweetheart.” “May the two of you protect  
me, and may we never be apart!” For they will keep  
you from the adulteress with her smooth words  
meant to seduce your heart.  
Proverbs 7:4-5 (Passion)

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2

Truth will protect you from immorality, and from the  
promiscuity of another man’s wife. Your heart won’t  
be enticed by her flatteries, or lust over her beauty—  
nor will her suggestive ways conquer you! Prostitutes  
reduce a man to poverty, and the adulteress steals  
your soul— she may even cost you your life!  
Proverbs 6:24-26 (Passion)

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Do not commit adultery.  
Exodus 20:14

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Adultery/Immorality in the OT  
were condemned as sin.

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- Paul - 1 Cor 6:12-20
- Connects sexuality with spirituality
  - Elevates sexual sin above other sin

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Foundational Thoughts:  
1. Your sexuality is good.

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Foundational Thoughts:  
2. Greek concept of *eros*  
included sexual desire, community, friendship and sacrifice

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Foundational Thoughts:  
3. Latin for sex means to cut off, separated, divided

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Foundational Thoughts:  
4. Sexuality is about overcoming our separateness

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Foundational Thoughts:  
5. Sexuality is longing for connection

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Foundational Thoughts:  
6. Sexuality in creation was the ultimate connection  
- naked and unashamed  
- Intimacy = fully known and full accepted

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“You have heard the commandment that says, ‘You must not commit adultery.’ But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.  
Matthew 5:27-28

Jesus

- Makes adultery an issue of the heart – Lust.

Lust =  
the desire & obsession with  
sexual desires & pleasures

Key Points:

- Lust is blinding.
- The desire causing the lust is a desire for connection.

Key Points:

- Adultery/Immorality/Promiscuity/Pornography (any sexual sin) magnifies the disconnection.

Lust is trying to get you to fulfil a legitimate need  
in an illegitimate way.

It is God's will that you should be sanctified: that you should avoid sexual immorality; that each of you should learn to control your own body in a way that is holy and honourable, not in passionate lust like the pagans, who do not know God; and that in this matter no one should wrong or take advantage of a brother or sister.

1 Thessalonians 4:3-6

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Paul suggests the key to handling lust is to:  
Think about the other person,  
and recognise their humanity.

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**Application Questions:**

- Can you name them?
- Can you state what is important to them and why they are precious to God?

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**Application Questions:**

- Can you imagine them sitting in the presence of God?
- Have you confessed the issue out loud to one safe person?

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- Can you imagine them sitting in the presence of God?
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**Application Questions:**

- Where are you connecting to people by making their lives better?
- How are you improving your connection with God?

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